(Mobile book) Fruit and Nuts: A Comprehensive Guide to the Cultivation, Uses and Health Benefits of over 300 Food-Producing Plants

Fruit and Nuts: A Comprehensive Guide to the Cultivation, Uses and Health Benefits of over 300 Food-Producing Plants

Susanna Lyle
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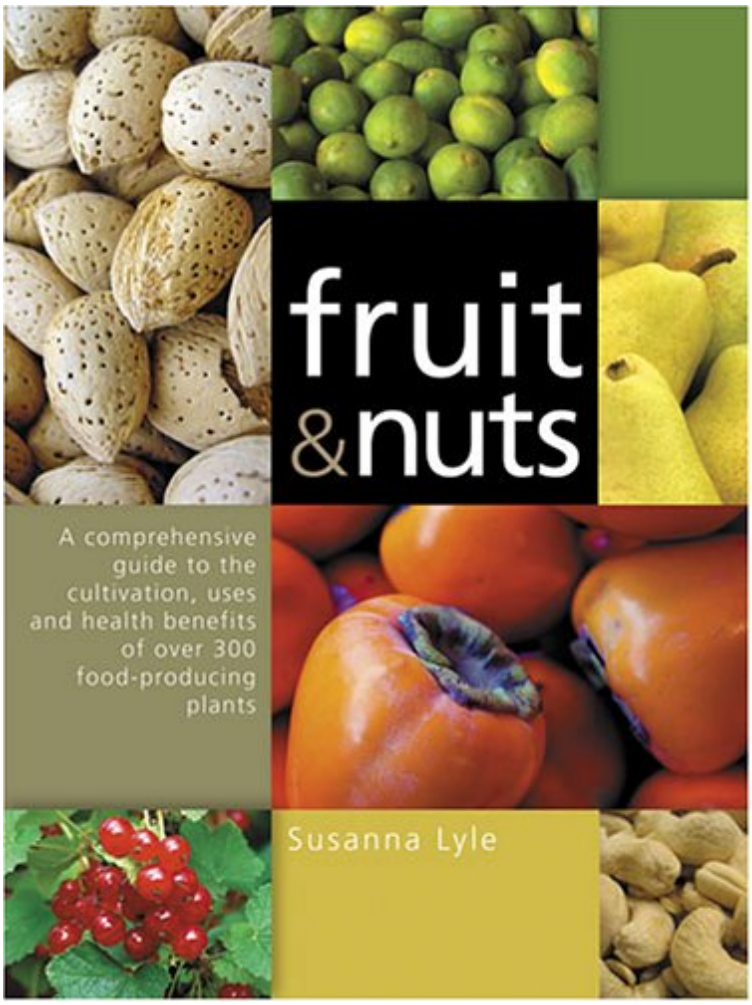

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An informative and comprehensive guide to growing and using more than 300 species of fruits and nuts, this A-Z reference will inspire gardeners to grow and use a wider variety of edible plants. Each entry includes a brief history, detailed description, and authoritative information on propagation, as well as helpful advice about harvesting times and methods, cultivation and location needs, pruning, pests and diseases, nutrition and health benefits, and medicinal uses. An extensive, annotated list of cultivars will help gardeners and growers select the most appropriate plants for their location and needs. Suitable for home gardeners, horticulture professionals, orchardists, and nutritionists.

From the PublisherAn informative and comprehensive guide to growing and using more than 300 species of fruit and nuts, it is suitable for home gardeners, horticulture professionals, orchardists, and nutritionists.About the AuthorSusanna Lyle has over 25 years of practical and academic experience with plant and soil studies. She has taught horticulture, plant science, and garden design, and has edited many scientific and educational books and journals. Born in England, she earned her doctorate with a focus on wetland plants from Exeter University and spent several years doing horticultural and ornamental work, from laboring to planning and designing gardens and woodlands. Now a full-time author, she continues doing horticultural research in her new homeland, New Zealand. The unique New Zealand climate has allowed her to experiment with the unusual temperate and subtropical species of fruit and nuts that have become her area of focus. In particular, she has become fascinated with the many health benefits of these unusual plants.